

## LAC – 2010

Register on-line at [www.jauncestonathleticclub.com](http://www.jauncestonathleticclub.com)

### Race start venues

Mar	Sat 27	Riverside Pool	5 km
Apr	Sat 10	Low Head	6 km
	Sat 17	Heritage Forest - Conway St.	7 km
	Sat 24	University Campus - Mowbray	5 km
May	Sat 1	Bishopsbourne	8 km
	Sat 8	Sidmouth	11.6 km
	Sat 15	Dover Village	5 km
	Sat 22	Tailrace Park	5 km
	Sat 29	Powranna Dragway	7.2 km
Jun	Sat 5	Heritage Forest	6 km
	Sat 19	Lilydale Lope	16.6 km <b>12 noon</b>
	Sat 26	Evandale / White Hills	9.5 km
Jul	Sat 3	Grindelwald	6 km
	Sat 10	Westbury	12 km
	<b>Sun 18</b>	<b>LAUNCESTON TEN</b>	10 km <b>10:00 AM</b>
	Sat 24	Carr Villa Trail	6.2 km
	Sat 31	Exeter	6 km
Aug	Sat 7	George Town	10 km
	Sat 14	Trevallyn Dam	5 km
	Sat 21	Scottsdale Football Ground	21.1km <b>12 noon</b>
	Sat 28	Longford	8 km
Sep	Sat 4	St. Leonards	5 km
	Sat 11	Hillwood	10 km
	Sat 18	Inveresk	5 km
	<b>Sun 26</b>	Trevallyn Hoo Hoo Hut	5 km <b>11:00 AM</b>
Oct	Sat 2	Bishopsbourne	15 km <b>12:00 noon</b>
	<b>Sun 17</b>	Burnie Ten	10 km <b>11:00 AM</b>
	Sat 23	LAC Dinner	

**Div 1 races start 1:00 pm, except where indicated above**

**Juniors - 12:15 pm race start**